# Practical Applications of MRI in Toxicologic Pathology

Part of the Imaging Workshop of the International Academy of Toxicologic Pathology (IATP)

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# In vivo Imaging- The Future is Now

#### **Invited Review**

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#### **Toxicologic Pathology in the 21st Century**

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Abstract

Toxicology is and will be heavily influenced by advances in many scientific disciplines. For toxicologic pathology, particularly relevant are the increasing array of molecular methods providing deeper insights into toxicity pathways, *in vivo* imaging techniques visualizing toxicodynamics and more powerful computers anticipated to allow (partly) automated morphological diagnoses. It appears unlikely that, in a foreseeable future, animal studies can be replaced by *in silico* and *in vitro* studies or longer term *in vivo* studies by investigations of biomarkers including toxicogenomics of shorter term studies, though the importance of such approaches will continue to increase. In addition to changes based on scientific progress, the work of toxicopathologists is and will be affected by social and financial factors, among them stagnating budgets, globalization, and outsourcing. The number of toxicopathologists in North America, Europe, and the Far East is not expected to grow. Many toxicopathologists will likely spend less time at the microscope but will be more heavily involved in early research activities, imaging, and as generalists with a broad biological understanding in evaluation and management of toxicity. Toxicologic pathology will remain important and is indispensable for validation of new methods, quality assurance of established methods, and for areas without good alternative methods.



# In Vivo Imaging- Don't Choose, Fuse!





# Advantages of MRI in Toxicology

- Non invasive Permits longitudinal in vivo imaging to follow disease in the same animal (better statistics, less animals required)
- Can acquire numerous digital slices from whole fixed organs in any plane without destroying the specimen
- High **soft tissue contrast** as well as good bone visualization
- Provides a means to obtain **quantitative data**

Provides complimentary information to conventional pathology- Better practice, safer drugs/products

# MRI- A Psychological Barrier

- Expensive equipment
- Expensive maintenance
- Special facility required (shielded room)
- Safety issues (no metals around)
- Hard to operate
- For "MR gurus" only High level of expertise required



# Shift Happens – Compact MRI for Everyone





- Compact
- Quiet
- Affordable
- Easy to use
- Safe
- No special facility
- Maintenance-free



#### Complicated Software - No more

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# Tons of Parameters to Optimize... No more

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|--------------------------|---------------|-------------------------|---------------------|---|---------------------|--|-----------------------------------|-------------------|-----------------|---------------------|--|--|
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| Slice                    |               | FOV/Resolution          | FOV/Resolution      |   | Contrast (MRI)      |  | Acquisition (k-space)             |                   | Reconstruction  |                     |  |  |
| Scan type (2D/3D)        | <u>TwoDim</u> | Force eq. FOV hor/ver   | Yes                 | Time to repeat (TR, ms)                   | <u>4000</u>         |  | # excitations                     | 1                 | Scaling method  | <u>PerSeries</u>    |  |  |
| Max # slices for this TR |               | Hor. FOV (mm)           | <u>80</u>           | Min TE                                    | No                  |  | Phase enc. direction              | <u>Horizontal</u> |                 |                     |  |  |
| Number of slices         | <u>16</u>     | Vert. FOV (mm)          | <u>80</u>           | Time to echo (TE, ms)                     | <u>77.854</u>       |  | Frequency direction               | Vertical          |                 |                     |  |  |
| Slice thickness (mm)     |               | # phase encodings       | <u>192</u>          | Apply inversion pulse                     | No                  |  | Dwell time (microsec)             | 25                |                 |                     |  |  |
| Inter-slice gap (mm)     | <u>0.1</u>    | # samples               | <u>200</u>          | Inversion time (TI, ms)                   | <u>100.0</u>        |  | Partial Fourier                   | None              |                 |                     |  |  |
| Center slice position    |               | FOV offset (vert, mm)   |                     | Flip angle (deg)                          | <u>90</u>           |  | External (respiration)<br>trigger | None              |                 |                     |  |  |
| Slice orientation        | Coronal       | FOV offset (hor, mm)    |                     | Apply diffusion-<br>sensitizing gradients | No                  |  |                                   |                   |                 |                     |  |  |
| Advanced Parameters      |               | Advanced Parameter      | Advanced Parameters |   | Diffusion gradients |  | Advanced Paramete                 | <u>ers</u>        | Advanced Parame | Advanced Parameters |  |  |
| Perform calibrations     |               | Display calibration dat | ta                  | FSE parameters                            | _                   |  |                                   |                   |                 |                     |  |  |
| Frequency calibration    | No            | Freq cal display mode   | No                  | Echo train length (ETL)                   | <u>16</u>           |  |                                   |                   |                 |                     |  |  |
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| RF calibration           | No            | RF cal display mode     | No                  | FSE cal display mode                      | No                  |  |                                   |                   |                 |                     |  |  |
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# One Touch MRI - Ask. Touch. Answer.





# Just Choose What You Need to Scan





#### Brain Protocols?





# Heart protocols?





#### Source of Signal in MRI





# **MRI** Terminology

- By changing the frequency, duration and timing of applied magnetic fields and radio frequency (rf) pulses, MRI can provide what are basically "MRI stains"
- Most common "MRI stains" (Types of contrast) T1 and T2





# Any plane can be imaged





axial



sagittal





#### MRI Data Presentation-Individual Slices





### MRI Data Presentation –Slice through Animation





# MRI Data Presentation – See through 3D Rendering (MIP)





# Segmentation – Volume Calculation





# Segmentation – Volume Calculation





| ROI          | Rat                    | Color     | Voxels | Volume mm <sup>3</sup> |  |  |
|--------------|------------------------|-----------|--------|------------------------|--|--|
| Lungs        | rat embryo control E20 | red       | 28910  | 97.5713                |  |  |
| Heart        | rat embryo control E20 | blue      | 8218   | 27.7358                |  |  |
| Liver        | rat embryo control E20 | cyan      | 84566  | 285.41                 |  |  |
| Brain        | rat embryo control E20 | magenta   | 38770  | 130.849                |  |  |
| Left Kidney  | rat embryo control E20 | dark red  | 3044   | 10.2735                |  |  |
| Right Kidney | rat embryo control E20 | dark cyan | 2745   | 9.26438                |  |  |



# Scientific Collaboration



National Institute of Environmental Health Sciences



National Toxicology Program U.S. Department of Health and Human Services



האוניברסיטה העברית בירושלים The Hebrew University of Jerusalem















#### Methods

All scans performed on a M-series compact MRI by Aspect Imaging.

Animals:

-Anesthetized with isoflurane -Heated -Physiological monitoring

Fixed samples:

- In any fixative solution
- Fluorinert





# Models That Will be Presented

- Focal liver lesions
- Acute kidney injury
- Local Safety of SC formulations
- <u>Biodegradable implant</u>
- <u>Brain tumor growth</u>
- <u>Rat lung fibrosis</u>
- <u>Neurotoxicity</u>



# Focal Hepatic Lesions

- **Model:** Mdr-/- mouse develops multiple focal hepatic lesions.
- **Objective:** Detect and measure volume of multiple focal lesions



#### Detection of Multiple Focal Lesions in Mouse Liver – In Vivo MRI



resolution 270  $\mu$ m; slice thickness 1mm; acquisition time 3.5 min



## Multiple Focal Lesions in Mouse Liver Ex vivo MRI



resolution 156  $\mu$ m; slice thickness 0.7 mm; acquisition time 35 min



# Segmentation of Lesions Based on Ex Vivo MRI





# Quantification of Lesions Based on Ex Vivo MRI

- 15 distinctive lesions were detected
- The smallest lesion detected had a diameter of 0.6 mm
- The largest lesion had a diameter of 4.8 mm
- Total liver mass 2593 mm<sup>3</sup>
- Total lesion mass 60.3 mm<sup>3</sup> (2.3%)



# Segmentation of Lesions Based on Ex Vivo MRI





# Classification of Liver Lesions as Focal Fatty Changes by Histopathology











# Summary & Comment

- In vivo and ex vivo MRI evaluation were effective in identifying the location and measuring the volume of focal changes in the liver.
- This approach using *in vivo* MRI would allow for following lesion development over time
- In this study the MRI was done after lesions were fully developed, however, longitudinal studies using in vivo MRI would easily be feasible in this model



# Rhabdomyolsis-Induced Acute Kidney Injury (AKI) in Mouse





# Control vs Affected Kidney In Vivo MRI



resolution 234  $\mu m$ ; slice thickness 1mm; acquisition time 10 min

Loss of contrastEnlarged kidneys



# Following Disease Progression In Vivo MRI



Contrast lost and kidney enlargement





#### Contrast and size recovered





# Control vs Affected Kidney Ex Vivo MRI

#### Control

#### Affected



resolution 117  $\mu m$ ; slice thickness 0.5 mm; acquisition time 56 min



#### MRI & Histology – Control Kidney

Ex Vivo



cortex X 200




#### MRI & Histology – Affected Kidney





### Summary of Findings & Comment

 In-vivo and ex-vivo MRI were effective in identifying alterations in the cortex and medulla Histopathology: Maximal extent of cortical necrosis and medullary hyaline cast formation.

• In-vivo and ex-vivo MRI confirmed organ recovery. Histopathology: The previously necrotic tubules were replaced by regeneration.



### Local Safety of Subcutaneous Formulations

- **Model:** In this study, subcutaneous lesions were analyzed by MRI 2 weeks after a 24-hour continuous infusion of different formulations.
- **Objective of the experiment:** This was a feasibility study for application of the *Ex-Vivo MRI* in order to evaluate the subcutaneous toxic effects induced at the injection site of test compounds.



### Subcutaneous Drug Injection Into Pig Skin MRI vs. Histology

#### **MRI (T1)**



#### **Histology**





### H&E Histopathology



Blue = Multifocal areas of fat necrosis & associated inflammation
 Red = Normal adipose tissue

aspectimaging

#### Subcutaneous Drug Injection Into Pig Skin - Ex Vivo MRI





#### Segmentation and Quantification of Affected Volume - Ex Vivo MRI



#### Affected Volume 2200 mm<sup>3</sup>



### Summary & Comment

- Ex vivo MRI was effective in identifying the location and quantifying the extent of subcutaneous necrosis and inflammation caused by different formulations.
- Applying this method on fixed tissues samples derived from different dose formulations provides a quantitative determination of relative irritancy of different injected formulations.



### Biodegradable Implanted Device

• **Model:** A double layer of a 5x5 mm<sup>2</sup> device was implanted in the right paralumbar muscle of Sprague Dawley rats.



- A plastic bead was implanted subcutaneously just over the device to enable accurate localization and follow-up of the implantation site.
- **Objective:** Evaluation of *in vivo* MRI as a tool for assessment of degradation of a bio-degradable device.



#### In Vivo MRI of Implanted Device

## **Day 30** Day 5 **Day 60** bead implant **T1** Inflammation **T2**



# *Ex Vivo MRI* of Implanted Device Segmentation and Quantification



Volume of device: 32.2 mm<sup>3</sup> at day 60



### Histopathology of Implantation Site After 60 Days





mature connective tissue capsule

cavity of device



### Longitudinal Growth of a Brain Tumor

• **Model:** GI-261 glioma cells stereotactically injected into the right brain hemisphere of CB6F1 mice

• **Objective:** Longitudinal evaluation of tumor growth



### Longitudinal Evaluation of Tumor Growth In Vivo MRI



resolution 156  $\mu$ m; slice thickness 1 mm; acquisition time 13 min



### Tumor Segmentation – Ex Vivo MRI

#### Day 17 – coronal



Injection site



Tumor volume 6.6 mm<sup>3</sup>



#### Ex Vivo MRI vs Histology





### Summary & Comment

- In-vivo and ex-vivo MRI evaluation provided a way to follow the time-related growth of an induced tumor in the brain and to determine the volume of the tumor.
- This model demonstrates the utility of using MRI for longitudinal studies and would be useful for testing the efficacy of anti-cancer drugs.



### Rat Lung Fibrosis

- **Model:** Single intratracheal instillation of bleomycin into 6 week-old Sprague Dawley rats
- **Objective:** Monitor lung fibrosis in rats using *in vivo* and *ex vivo* MRI as a tool for following temporal progression of the pathological process



### Rat Lung Control vs. Fibrosis In Vivo MRI

#### Day 11 Post Instillation



resolution 274  $\mu m$ ; slice thickness 1.2 mm; acquisition time 4.5 min



### Time Course of Disease In Vivo MRI







Control rat lungs inflated with air vs instilled in formalin (the ones instilled with formalin are a bit brighter)





BLM rat lungs inflated with air vs instilled in formalin (fibrosis in "air" lungs is more visible on the darker background)





#### Control vs. Fibrosis – Ex Vivo MRI

#### Day 11 Post Instillation

#### Control









#### Fibrotic Rat Lung – Volume Quantification Based on Ex Vivo MRI

#### **Day 11 Post Instillation**

**3D rendering** 



**3D rendering + segmentation** 



Connective Tissue: **1267 mm<sup>3</sup>** Normal Tissue: 1396 mm<sup>3</sup>



#### Histology – Masson's Trichrome





### Summary & Comment

- In vivo MRI provides a longitudinal evaluation of pulmonary disease progression and regression
- Ex vivo MRI in combination with histology provides a quantitative assessment of the components of the interstitial thickening
- Based on the ability to quantify the extent of disease, different therapeutic modalities can be compared for their effectiveness



### Pilocarpine- Induced Status Epilepticus

- **Model:** SD male rats treated with LiCl followed by Pilocarpine, a muscarinic cholinergic agonist and accepted model to induce status epilepticus and morphologic damage in rat brain.
- Expected outcome: Neuronal cell degeneration
  /necrosis
  A 4230



<u>Dark areas</u> : Severe <u>Hatched areas</u> : Moderate <u>Dotted areas</u> : Slight



### Control vs Pilocarpine Ex vivo MRI (T1)

#### control

aspectimaging

#### Pilocarpine



- 1: Piriform cortex
- 2: Lateral thalamic nucleus
- 3: Posterior hypothalamic nucleus
- 4: Hippocampus
- 5: Caudate putamen

#### Control vs Pilocarpine – H&E





- 1: Piriform cortex
- 2: Lateral thalamic nucleus
- 3: Posterior hypothalamic nucleus
- 4: Hippocampus
- 5: Caudate putamen



#### Control vs Pilocarpine Ex vivo MRI (T2)

#### control

#### Pilocarpine









#### Control

3. Posterior hypothalamic nucleus

Pilocarpine

#### 4. Hippocampus

2 +

DI

2+

### Summary

- MRI imaging demonstrated areas of high T1 and low T2 signals compared to controls in the piriform cortex, lateral thalamic nucleus, posterior paraventricular thalamic nucleus, and posterior hypothalamic nucleus of the cerebrum.
- Histopathology showed , neuronal cell degeneration and necrosis accompanied by gliosis in these areas.
- MRI analysis of fixed organs before routine slide preparation could provide useful information for histopathologic evaluation in preclinical toxicity studies

#### Neurotoxicity induced with Kainic acid

#### Base line



#### 3<sup>rd</sup> day





# T2 maps following treatment with Kainic acid



aspectimaging

#### T2 maps following Kainic acid : 1T comparable with 7T



Note the disarrayed cellular layer in the CA3 region of the hippocampus, suggestive of neurodegeneration even in the absence of silver deposition.


# Neuronal degeneration, necrosis and vacuolation in hippocampus









### Intramyelinic edema, neuronal necrosis and gliosis in amygdaloid nuclei region







## Validation study performed by the FDA regarding the use of MRI in neurotoxicity studies



<u>Conclusions:</u> "collect Smart sections...". "..The application of full brain MRI imaging that informs neuropathology offers the potential to dramatically improve detection of neurotoxicity produced by new drugs and facilitate new drug development, review and approval processes, and to qualify an imaging biomarker of neuropathology."

imaging biomarker of neuropathology.



#### MRI-based Histology- **Smart Sections** Added Value for Lesion Evaluation

- Localize the lesions
- Count the lesions
- Measure lesions volume
- Longitudinal in-vivo follow-up in the same animal
- Information about homogeneity of the lesions





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